

Saturday Programme

	Talks - Lecture Tent	Talks/Workshops - Marquee	Workshops - Jaycee Room
10am	Full Regeneration: The Ultimate Health Journey Most people believe that ageing is directly linked to age. My experience of sickness and subsequent research points otherwise. Learn the real causes of ageing and sickness. -Brian Dodds	Amazing health benefits by drinking ionized alkaline water Learn about the features of ionic mineral water, the health benefits, antioxidant capabilities, the link to acid/alkaline balance, installation options, and how it works - Joseph Blessing	The Power of Breath Explore the strength of your breath to assist in relieving daily stress, increasing your happiness and well-being, as taught by the Art of Living Foundation.
11am	Body Talk Experience the BodyTalk system getting answers from your body's highest healing priority. Address long term discomforts and health issues. Understand the complex communications to self heal. - Geoff Love	Talking with Ashantra, channeled by Gill Colston Ashantra, a group of Hathorian and Master energies, will talk about encouragement, upliftment and the vibration of truth for the time of the 'gap experience'.	Living on the Arc (Ark) of a natural Stargate We live on the cusp of a local stargate, fine out more. Also we reveal the etheric nature of Water and offer rain attracting techniques. - Grayham Forscutt
12pm	Meditation in Today's World A discussion on how meditation and proper understanding of reality can change your life. - Venerable Tenzin Tsapel	"2012 is Now" The prophecies are now being fulfilled. Hear how we and the earth are entering an age of cosmic integrity, and how to join in and reconnect to Natural Time. - Avner Nahmias	Seeds of Change Create and sustain positive change in your life through yogic method of sankalpa. A Practical method of planting and watering seeds of transformation whilst the body and mind are in a relaxed state. - Swami Karma Karuna
1pm	Sue Nicholson Sensing Murder The world of Angels, guides and passed love ones and how they can assist us with our time on earth. Some readings will be done plus time for questions.	Music, Movement ,Magic! An introduction to movement following "the bodies way". Exploring the Nia Technique- a fusion of dance, martial and healing arts. Suitable for all fitness levels. - Bex Deva	The Quantum World Journey into the quantum world. Understand how information directs and organizes energy and what physical effect this has. A balanced view of the closing gap between science and spirituality - Michael Stosser
2pm	The Secret Land Project Walking within our Sacred Landscape. The nature of the elements that have created our land and the energies/information flows below and above the surface. - Gary Cook, NZ Historian and Author	Addiction: Is it Running Your Life? Sex, drugs, alcohol, food, relationship, gambling, work... do you think about it 24/7? Learn to make different choices without guilt, shame, fear or doubt. - Jan Silk, Access. Brisbane	I AM WHO I AM BECAUSE OF WHO I AM The way that we choose to react creates the reality around us. Taiji Master and healer Henri Venturini shares how to be consciously aware of your actions. www.balancedenergy.co.nz
3pm	The Work of Byron Katie; Who would you be without your story A simple, powerful, effective way of inquiring into the stressful thoughts that causes our suffering. What remains is a clearer, loving & peaceful you!	Allergy and Substance Sensitivity Elimination Allergy-like reactions to food or the environment can cause a myriad of symptoms. The allergic substance can be permanently neutralised with non-invasive Energy Psychology treatments. -Marion Janke	Innovative New Zealand Tarot Discover the many joys of working with the innovative new Zealand project "Songs for the journey home, Alchemy through imagery, A tarot pathway. - Dwariko Von Sommaruga
4pm	Karma, Reincarnation & the Violet Flame Master Saint Germain's teaching on balancing negative karma using violet flame Mantra/Decrees. Explanations of your I AM Presence, Twin Flame & Ascension. - John Eastwood	Wellness - Your "Inner Carbon Footprint" What are the aspects that are impacting your quality of life and creating needless wear and tear? How then can you increase your vitality and energy? - Walter Geursen	Sacred Hula: Mystery School of the Goddess Sacred Dancer, Award-winning Author, and Energist Leilani Petranek shares and demonstrates the Ancient Healing Art of the Sacred Encoded Hula, Chant, and Prayers of Hawai'i - Entry \$10
5pm	Total embrace Total embrace is the fundamental answer to the chaos and conflict of being human. 7 key qualities that take us from conflict & separation to unified awareness - Cassandra Eve	Bowen Therapy and P.S.T We are designed to be healthy and happy. We are capable of correcting our physical and mental well being." - Kathleen Matheson	Gong Meditation Grand Gong Masters get close up and personal with the gong. Come and experience the gongs meditative sound bath. - \$10 entry

SATURDAY EXTRA WORKSHOPS AND TALKS

- 11am** SHEN® Physio-emotional Release Therapy - Laura Campbell explains how a series of SHEN releases trauma non-verbally so you can enjoy life free from pain. www.shentherapy.net - Laura Campbell - Church
- 12am** Animals have a tremendous amount of information and amazing gifts they can give to us, Anni Nash will demonstrate some simple tools to communicate with your animals.- Horserides area
- 12am** Vocal Exploration with accomplished singer and voice coach Tina Bridgman. Discover the canvas on which to paint your own unique sound. Heaps of fun and all welcome. In Founders Church
- 1pm** Mantra-The Science of Sound Vibration. Mantras are specific sounds that alter, modify and increase the energy field of the body, mind and psyche.- Learn the science behind mantra. - Sannyasin Atmabhava - Church
- 2pm** The Truth about Chronic Fatigue, Fibromyalgia, Anxiety and Depression. Learn how stress and chronically mismanaged emotions can lead to more debilitating dis-eases, and what you need to do to look after your most important asset - YOU! - Kim Knight- Church
- 3pm** Discover Reconnective healing and The Reconnection Experience healing beyond anything you've read about, or dreamed about. Experience these astonishing new healing frequencies. Dorrie van Roij-Houtappels

SUNDAY EXTRA WORKSHOPS AND TALKS

- 10am** We are Connected - A meditation/visualization of awareness linking our individual subtle bodies to the planetary creative matrix. Facilitated by Kalar Holland, a channel for 25 years - Church
- 11am** Loves Hidden Symmetry - Family constellation workshop - Gentle, powerful work to deal with hidden entanglements. A bridge between psychotherapy and spirituality. - Isabelle Eustance- Church
- 12am** Transition Towns - Rebuilding Community - Inspiring vision and action plan for how a community can transition from oil dependency to resilient sustainable communities. - Trevor Houghton - Church
- 1pm** Vitality, Focus & Relaxation For Men - Experience simple and practical yoga tools for men to enhance health, strength, mental clarity and balance in daily life. Take away techniques to empower yourself on all levels. - Sannyasin Atmabhava - Church
- 2pm** Be Your Own Healer Learn EFT - the self-help tool for life. Empowering you to rediscover the joy, wellbeing and vitality that is you and your family and friends birthright. Quick, simple and it WORKS!!! - Debbie Verdonk-church

Saturday

CHILDRENS PROGRAMME

Childrens area- by Windmill

- 11am** Fun with Yoga - Stretch to an exciting yoga story, learn yoga games and balloon breath. Swami Karma Karuna
- 12am** How To Get Everything You Want " You are infinite beings with infinite possibilities and don't have to buy the limitations of this reality. Jan Silk
- 1pm** The Power of Stories - 30 minutes of FUN. Richard O'Leary
- 2pm** Intro to Nonviolent Parenting - The philosophy of unconditional parenting - moving away from punishment and reward and toward building an optimal emotionally healthy parent/child relationship. - Ruth Beaglehole
- Sunday** Rhythm and Chanting for Kids - Explore sound, rhythm and expression in this fun interactive workshop. -
- 11am** Sannyasin Atmabhava
- 12am** How To Get Everything You Want " You are infinite beings with infinite possibilities and don't have to buy the limitations of this reality. Jan Silk
- 1pm** The Power of Stories - 30 minutes of FUN. Richard O'Leary
- 2pm** Parents and children - come and discover how easy it is to enjoy giving to and receiving massage from each other before bedtime!- Laura Campbell
- 3pm** Little Kiddies Yoga - Stretch and explore your body. All ages. Shane Rosemeyer

	ENTERTAINMENT SATURDAY	ENTERTAINMENT SUNDAY
10.30am	The Grand Gong-Masters	The Grand Gong-Masters
11am	Alymayu - South American music	Alymayu - South American music
12pm	Eammon Cann - smooth sounds	Eamonn McCann - smooth sounds
1pm	Tina Bridgeman smooth guitar	Kane Hogan smooth guitar
2pm	Sabinas Bellydancing Troupe	Allison Cormack - Opera Diva
2:30pm	The Grand Gong-Masters	The Grand Gong-Masters
3pm	Taiko Drumming raw energy	Flamingo - Gypsy flavoured dance tunes
4pm	Roger & Adrian - "Hung" soundscape	
5-7pm	Grio African-inspired percussion	Guaranteed to Get You Dancing